



2019 Montana Youth Risk Behavior Survey

Regional Data Graphs

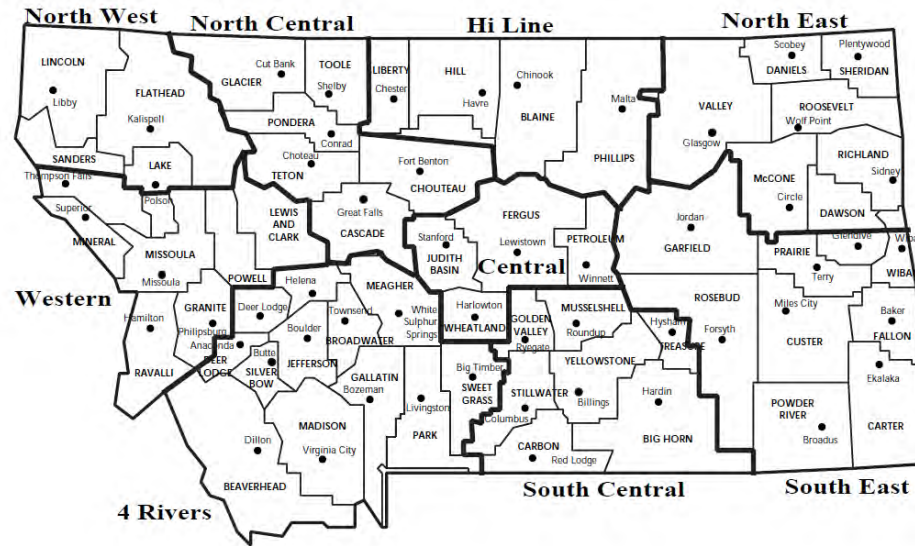


Youth Risk Behavior Survey
Montana Office of Public Instruction
Coordinated School Health Unit
February 2021





Montana Association of School Superintendents



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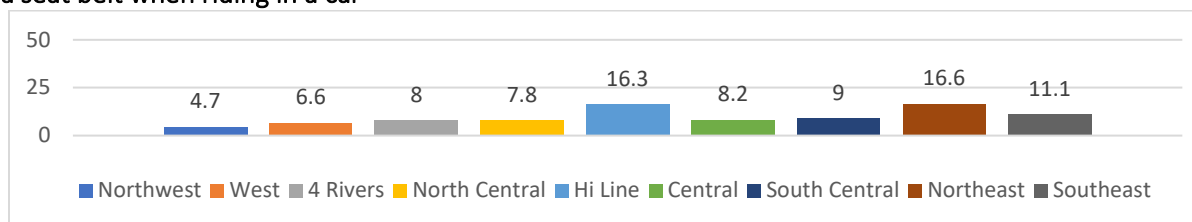
www.opi.mt.gov/yrbs



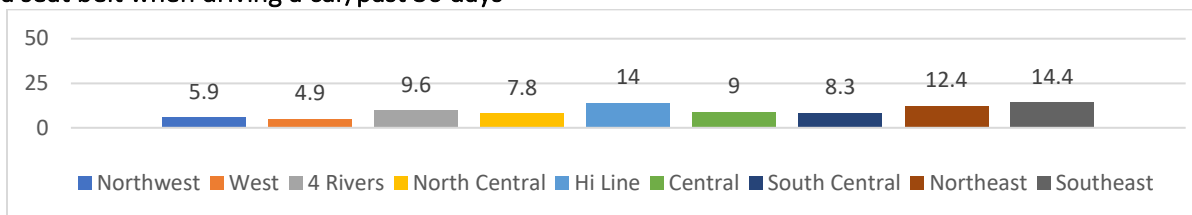
2019 Montana Youth Risk Behavior Survey

MASS Regional Data – Percentage of High School Students

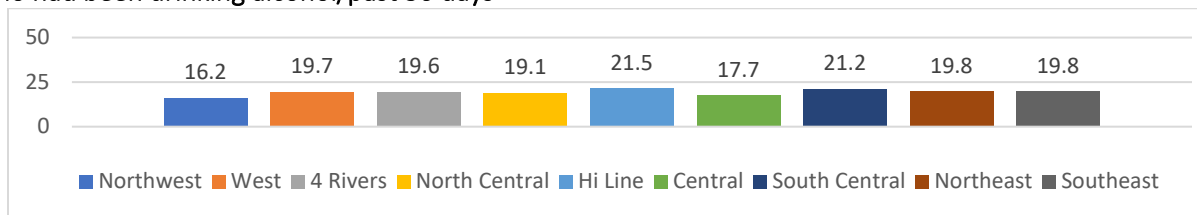
Rarely or never wore a seat belt when riding in a car



Rarely or never wore a seat belt when driving a car/past 30 days

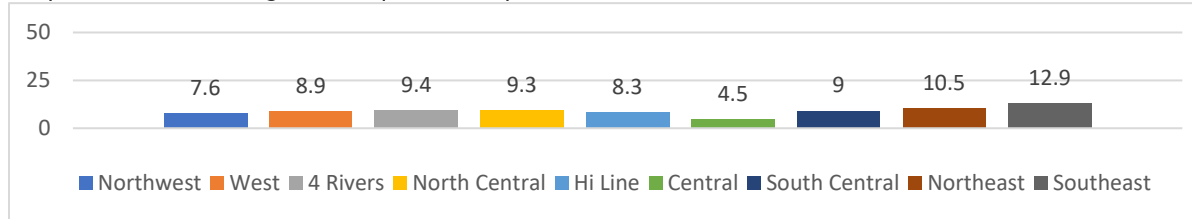


Rode with a driver who had been drinking alcohol/past 30 days

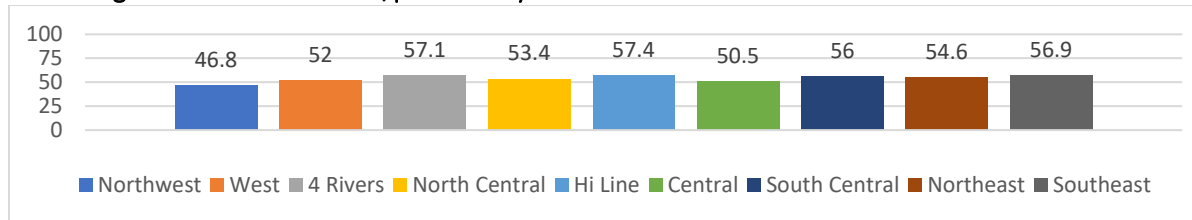




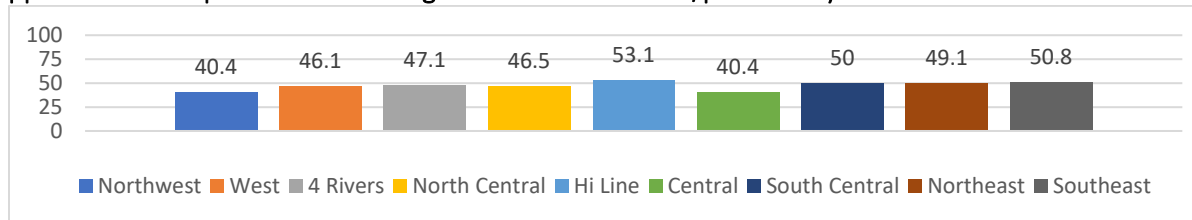
Drove a vehicle when they had been drinking alcohol/past 30 days



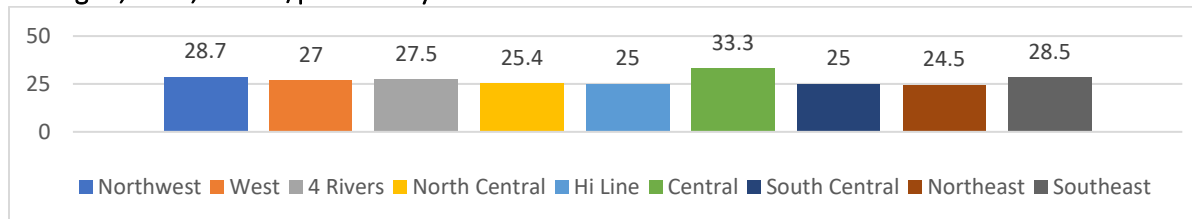
Texted or e-mailed while driving a car or other vehicle/past 30 days



Used the Internet or apps on their cell phone while driving a car or other vehicle/past 30 days

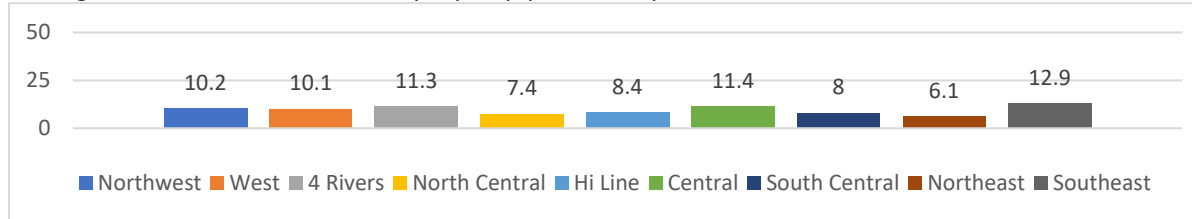


Carried a weapon such as a gun, knife, or club/past 30 days

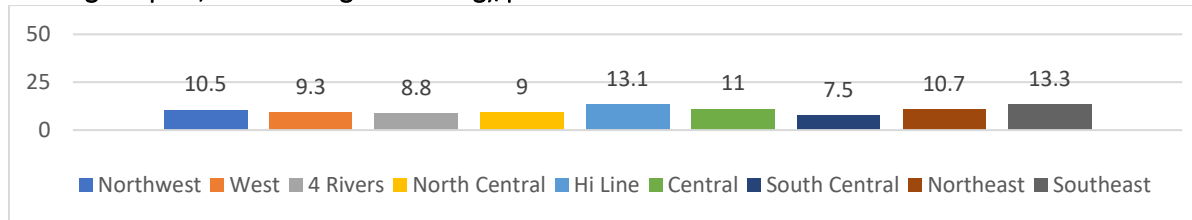




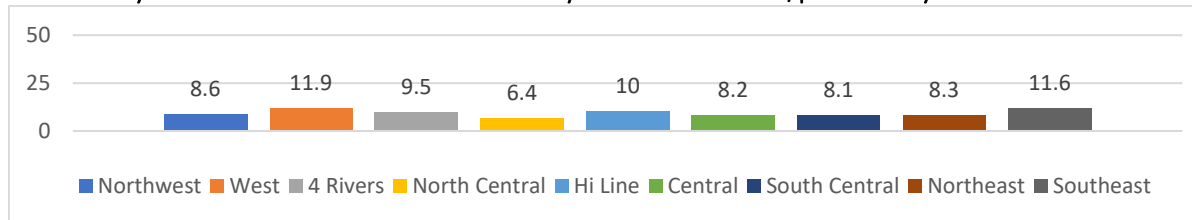
Carried a weapon such as a gun, knife, or club on school property/past 30 days



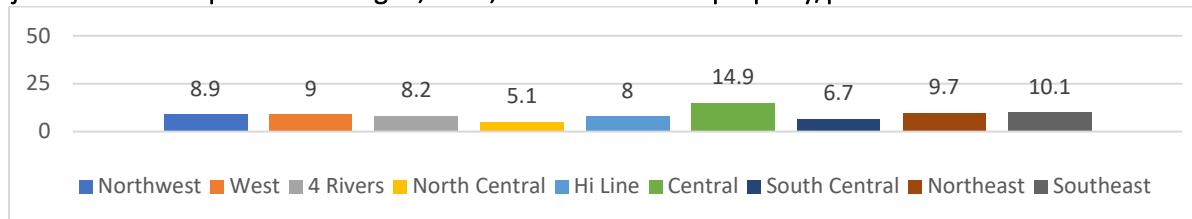
Carried a gun (not for hunting or sport, such as target shooting)/past 12 months



Did not go to school because they felt unsafe at school or on their way to or from school/past 30 days

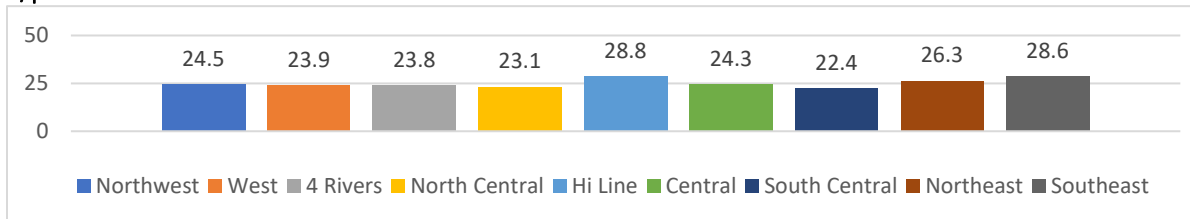


Were threatened or injured with a weapon such as a gun, knife, or club on school property/past 12 months

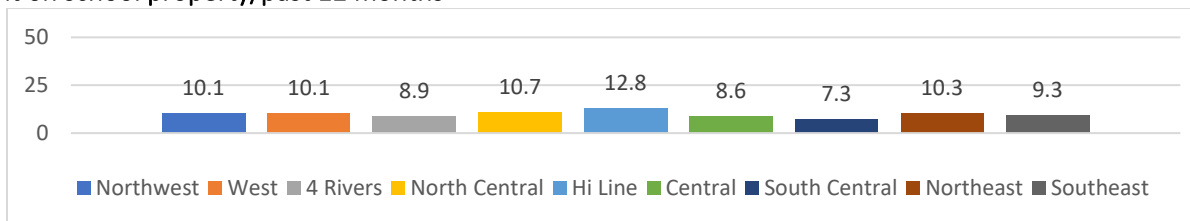




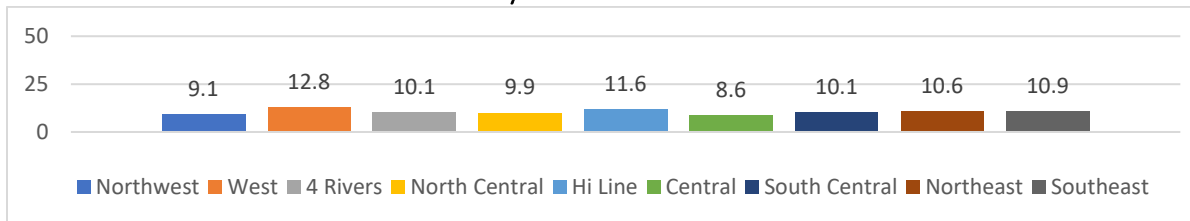
Were in a physical fight/past 12 months



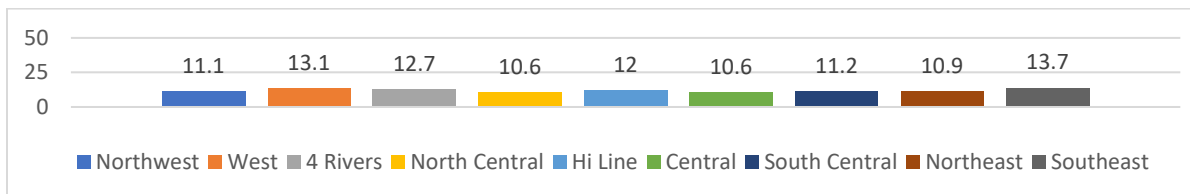
Were in a physical fight on school property/past 12 months



Were ever physically forced to have sexual intercourse when they did not want to

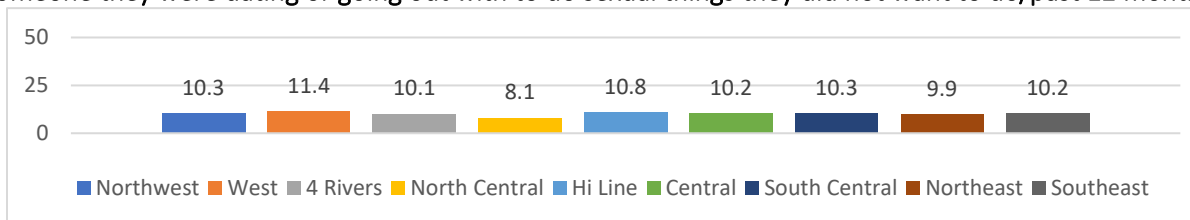


Had been forced to do sexual things they did not want to do (such as kissing, touching, or being physically forced to have sexual intercourse)/past 12 months

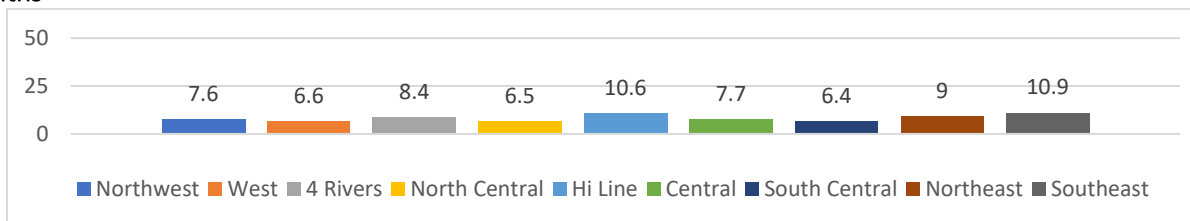




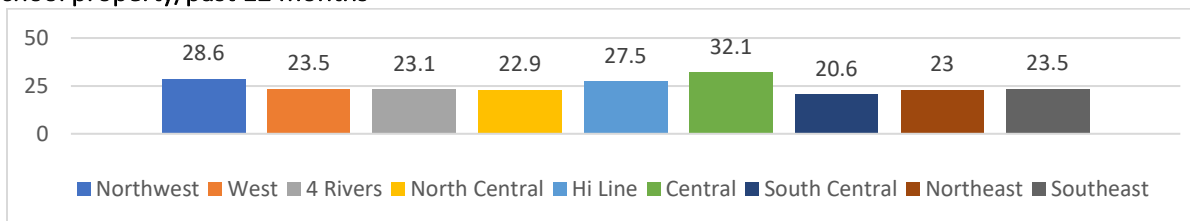
Had been forced by someone they were dating or going out with to do sexual things they did not want to do/past 12 months



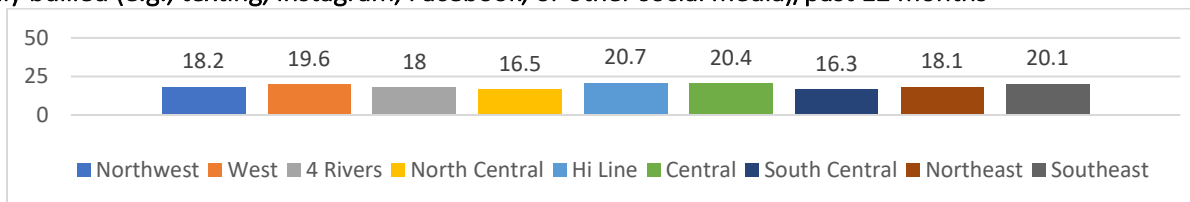
Had been physically hurt on purpose by someone they were dating or going out with (e.g., slammed into something, or injured with an object or weapon)/past 12 months



Had been bullied on school property/past 12 months

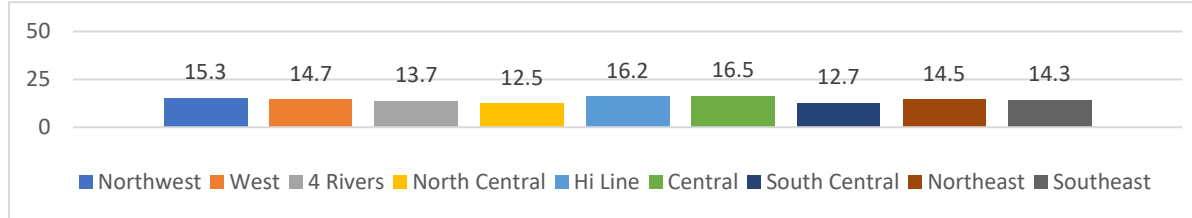


Had been electronically bullied (e.g., texting, Instagram, Facebook, or other social media)/past 12 months

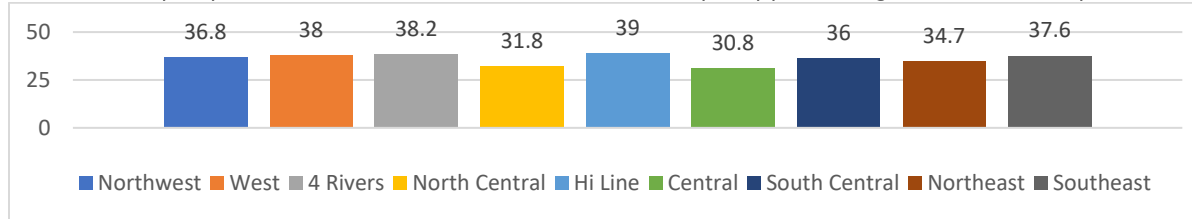




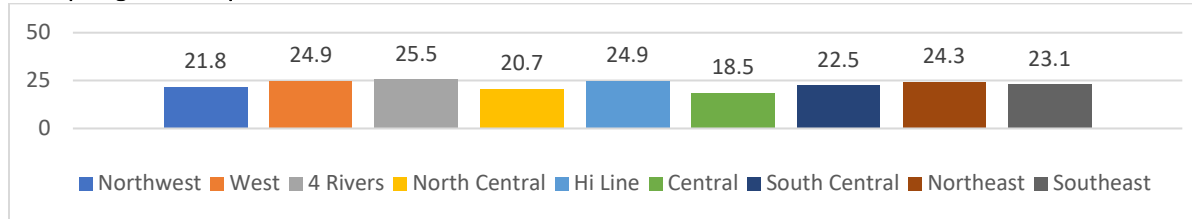
Had been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual/past 12 months



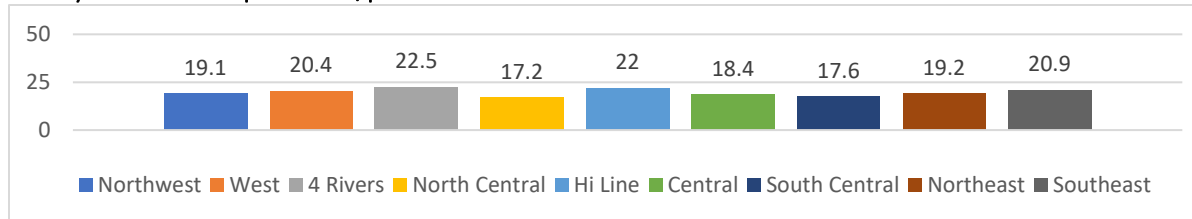
Felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing usual activities/past 12 months



Seriously considered attempting suicide/past 12 months

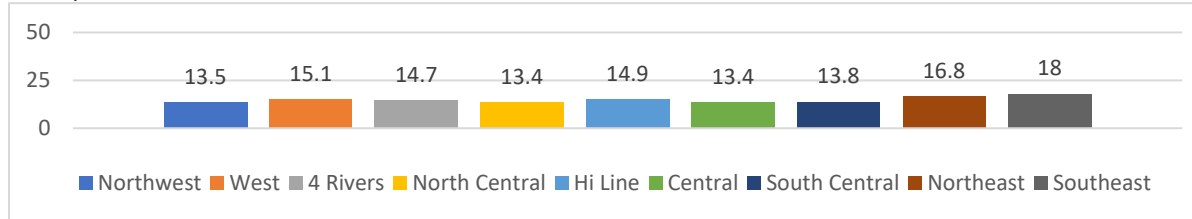


Made a plan about how they would attempt suicide/past 12 months

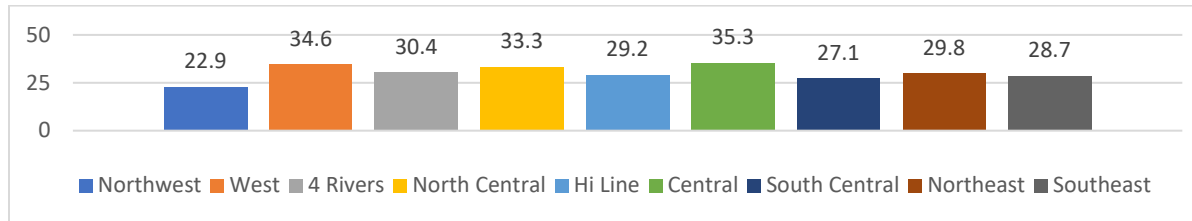




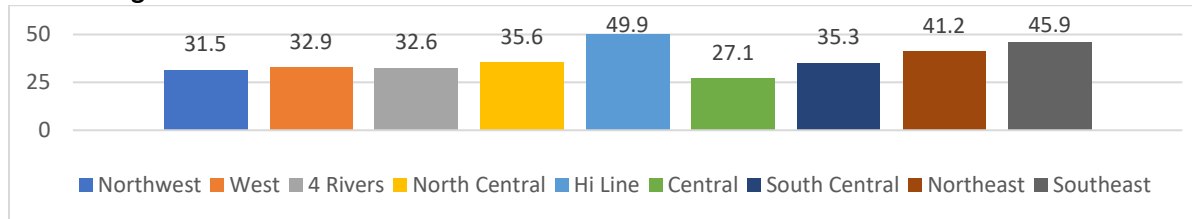
Actually attempted suicide/past 12 months



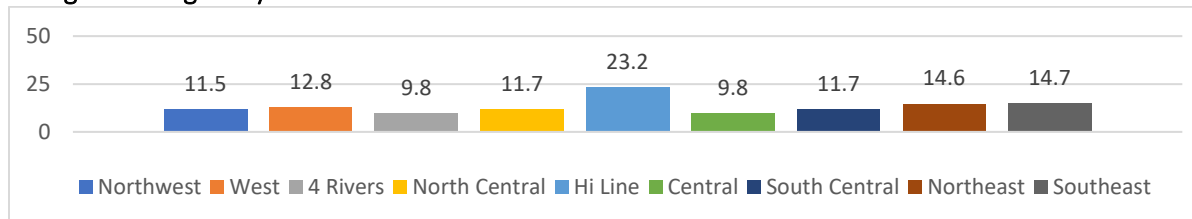
Among students who attempted suicide, had a suicide attempt that resulted in injury, poisoning, or overdose that needed medical treatment/past 12 months



Have ever tried cigarette smoking

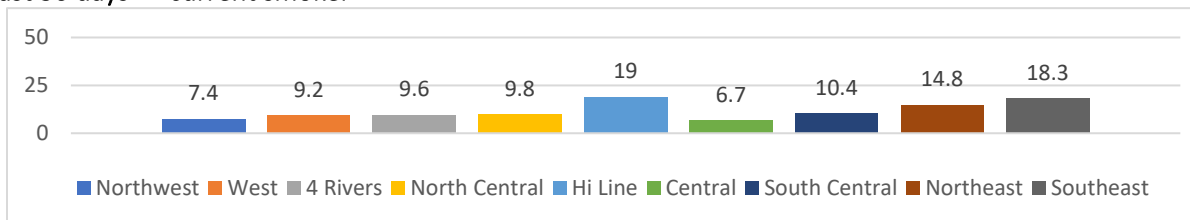


First tried cigarette smoking before age 13 years

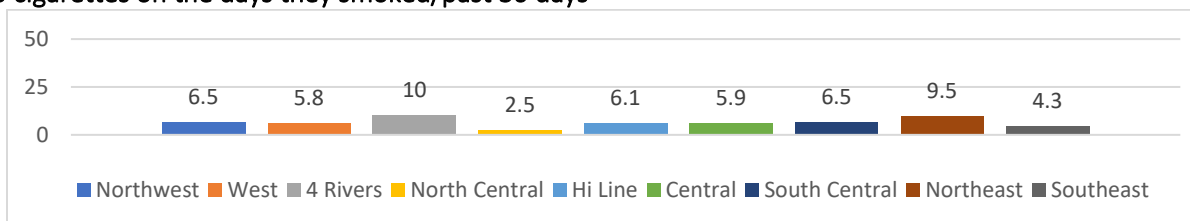




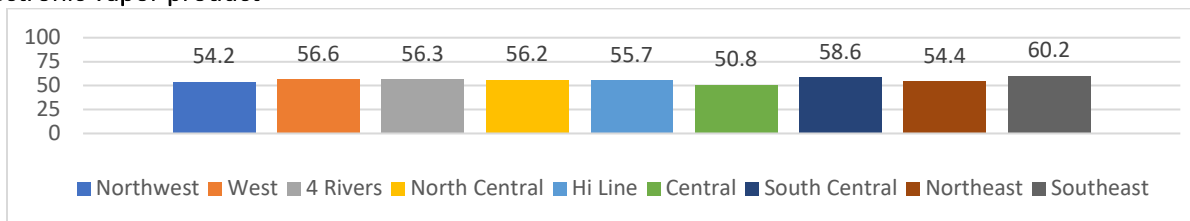
Smoked a cigarette/past 30 days – “current smoker”



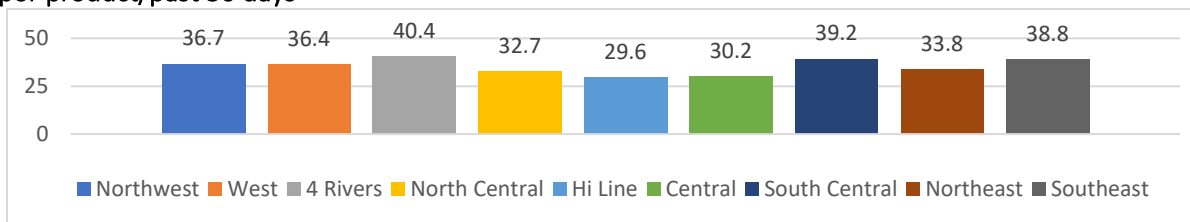
Smoked more than 10 cigarettes on the days they smoked/past 30 days



Have ever used an electronic vapor product

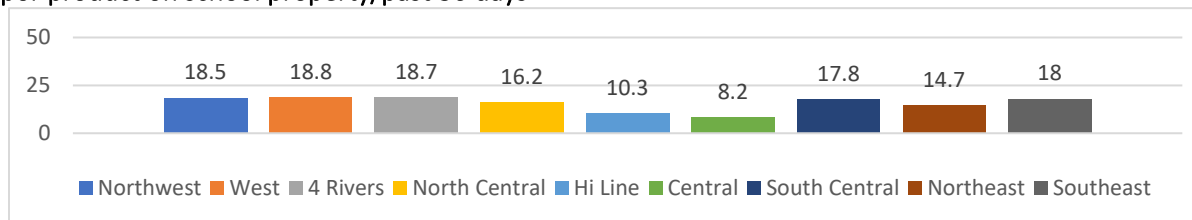


Used an electronic vapor product/past 30 days

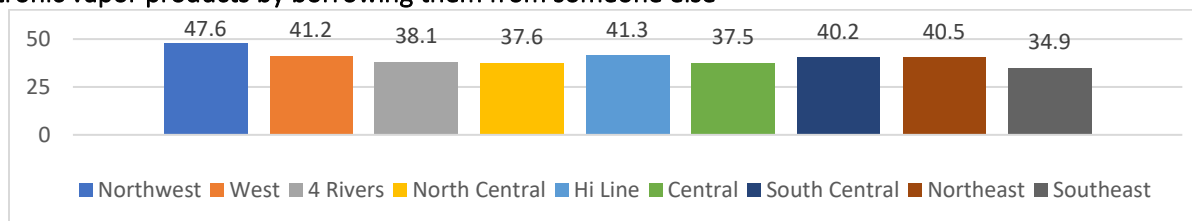




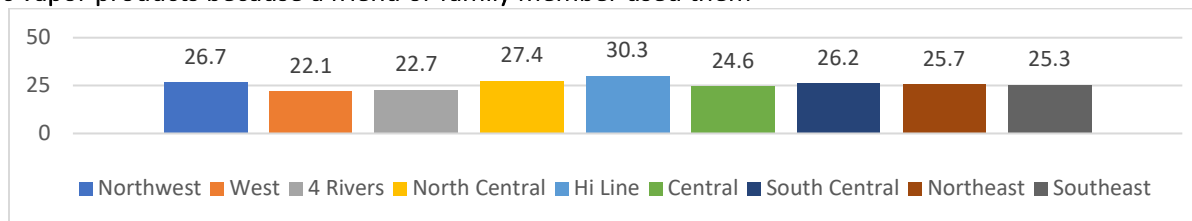
Used an electronic vapor product on school property/past 30 days



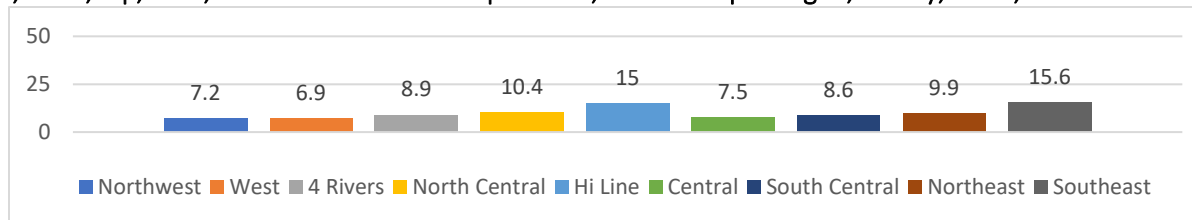
Usually got their electronic vapor products by borrowing them from someone else



Mainly used electronic vapor products because a friend or family member used them

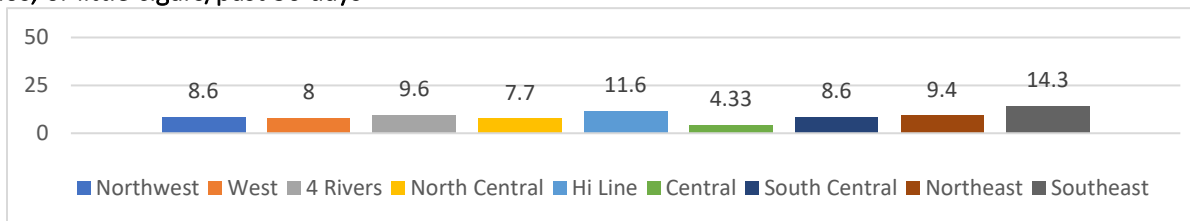


Used chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus/past 30 days

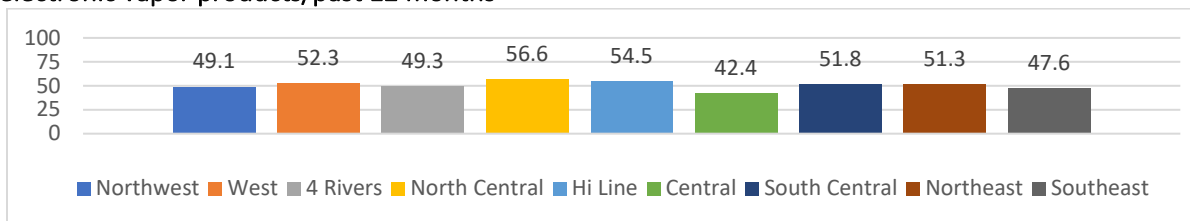




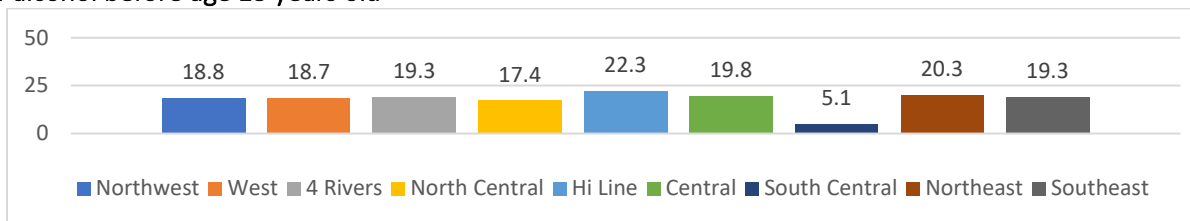
Smoked cigars, cigarillos, or little cigars/past 30 days



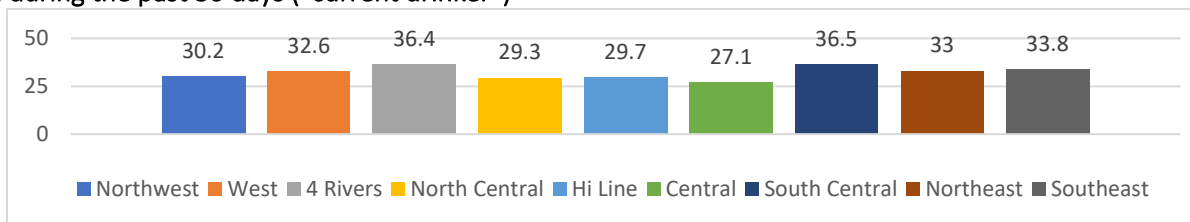
Among tobacco product users, those who tried to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha, or hookah tobacco, and electronic vapor products/past 12 months



Had their first drink of alcohol before age 13 years old

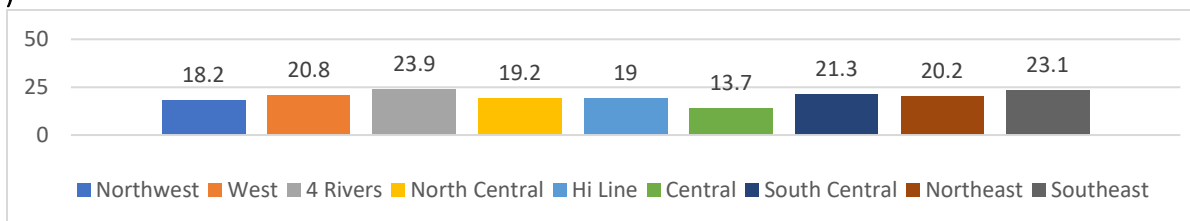


Had a drink of alcohol during the past 30 days (“current drinker”)

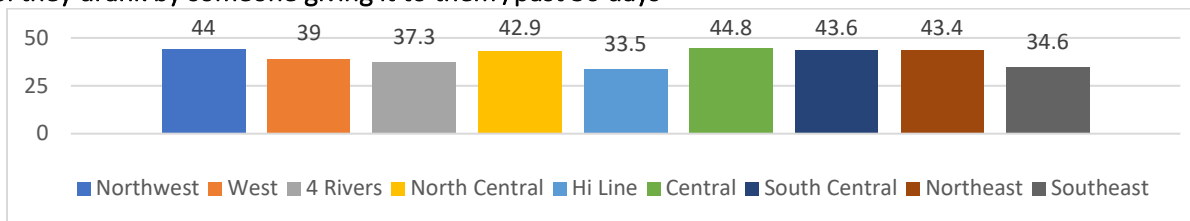




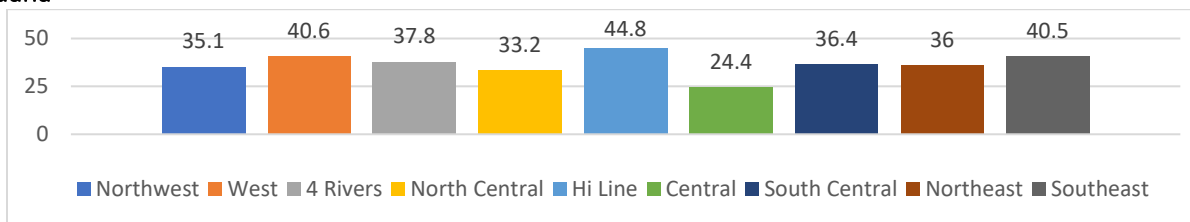
Had four or more drinks of alcohol in a row, if female, or five or more drinks of alcohol in a row, if male, within a couple hours during the past 30 days (“binge drinking”)



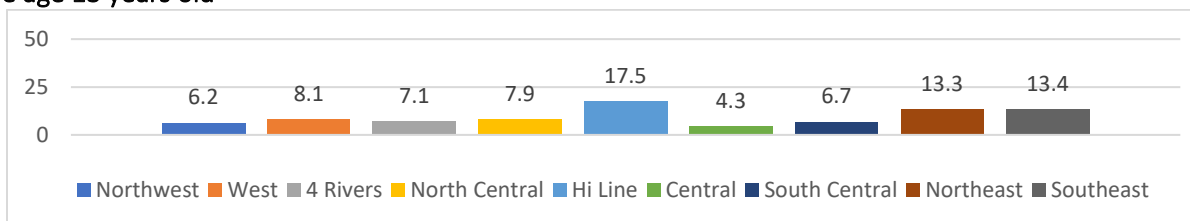
Usually got the alcohol they drank by someone giving it to them /past 30 days



Have ever used marijuana

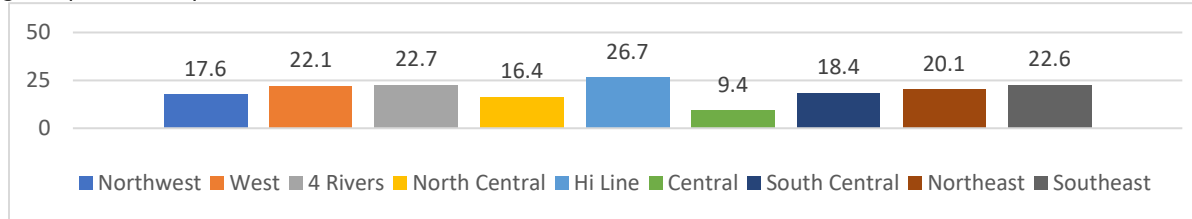


Tried marijuana before age 13 years old

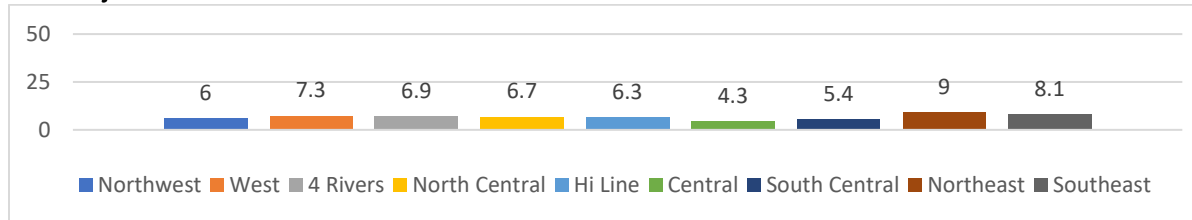




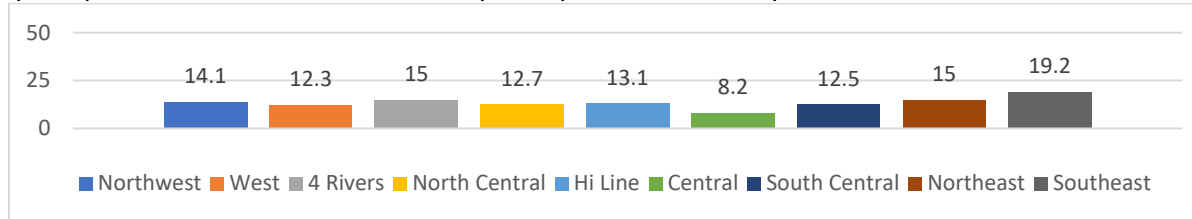
Used marijuana during the past 30 days



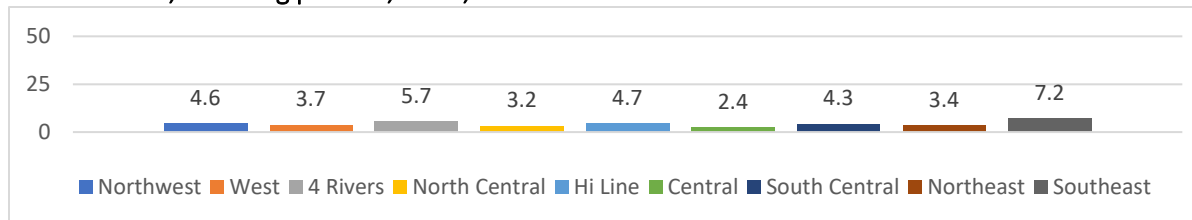
Have ever used synthetic marijuana



Have ever used prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it

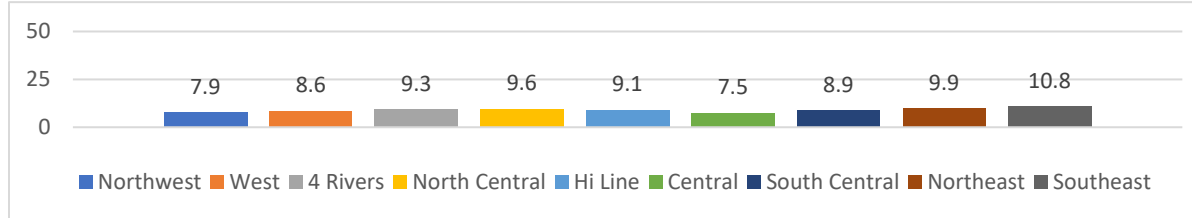


Have ever used any form of cocaine, including powder, crack, or freebase

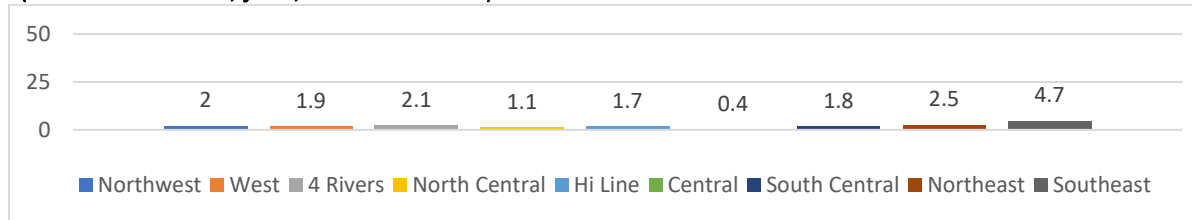




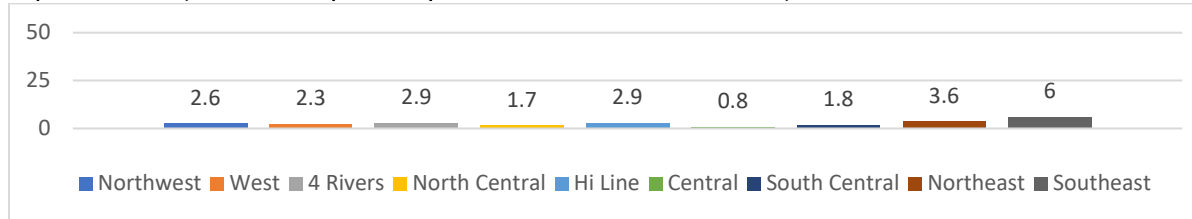
Have ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high



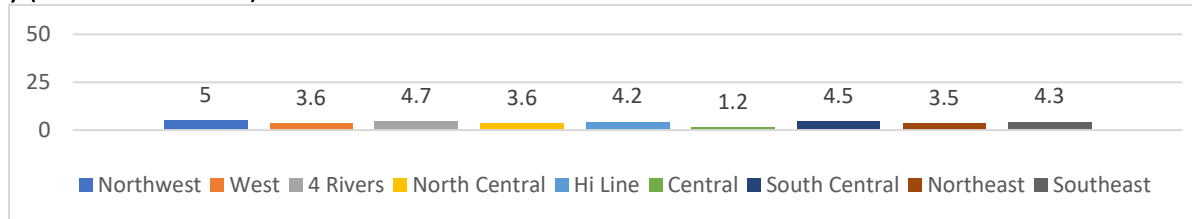
Have ever used heroin (also called smack, junk, or China White)



Have ever used methamphetamines (also called speed, crystal meth, crank, ice, or meth)

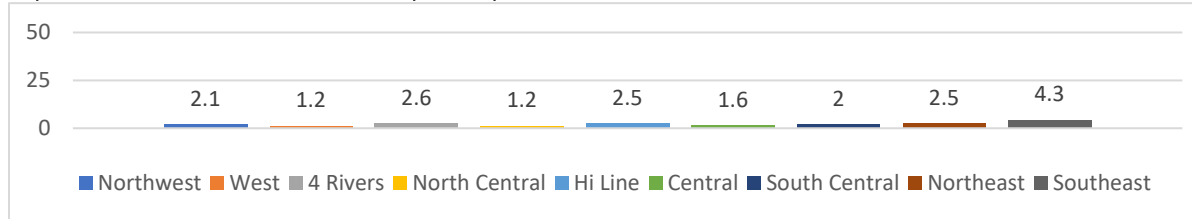


Have ever used ecstasy (also called MDMA)

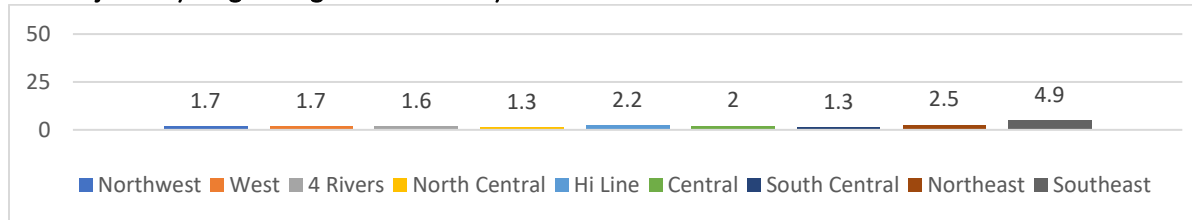




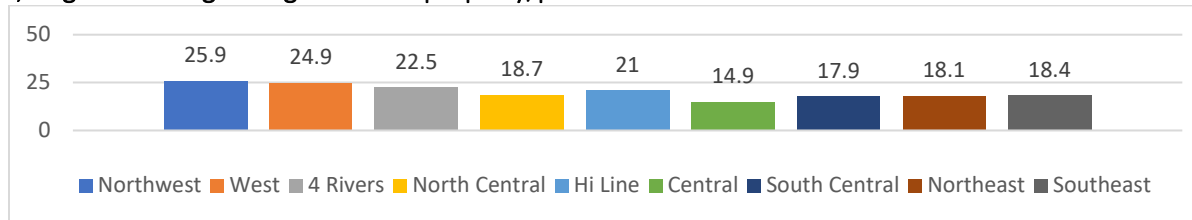
Have ever taken steroid pills or shots without a doctor's prescription



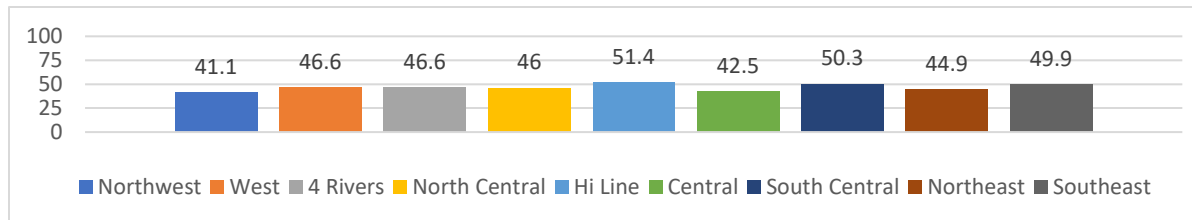
Have ever used a needle to inject any illegal drug into their body



Had been offered, sold, or given an illegal drug on school property/past 12 months

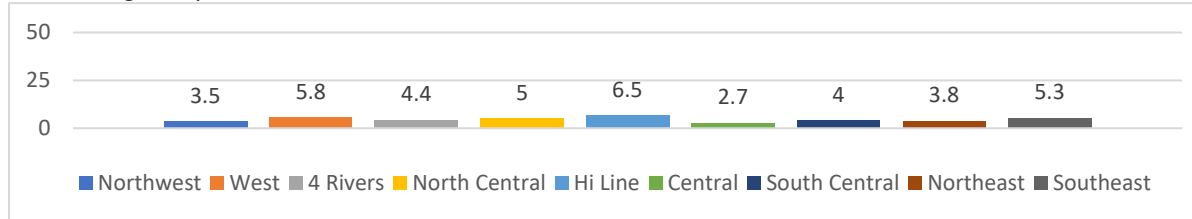


Have ever had sexual intercourse

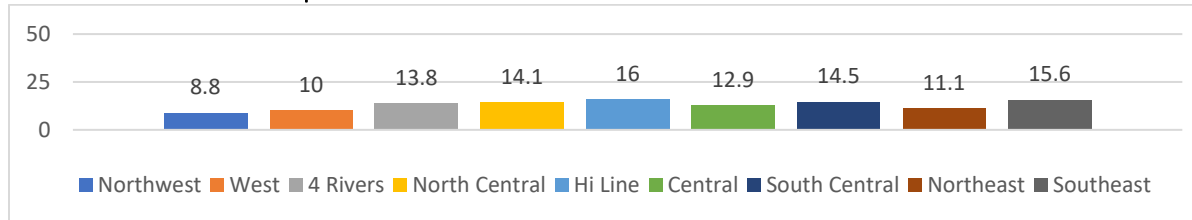




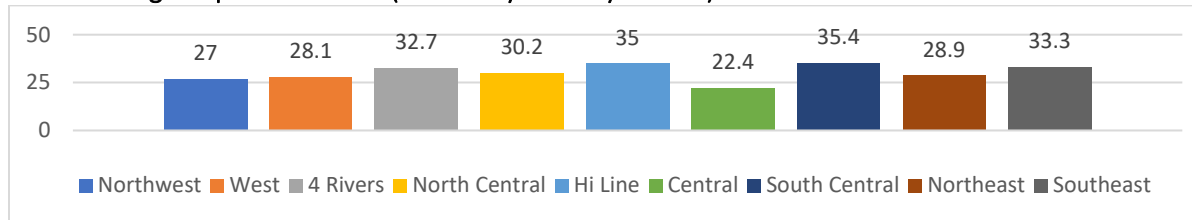
Had sexual intercourse before age 13 years



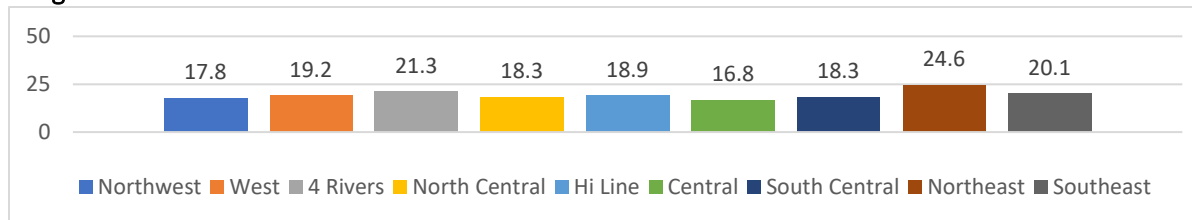
Have had sexual intercourse with four or more persons in their lifetime



Have had sexual intercourse during the past 3 months (“currently sexually active”)

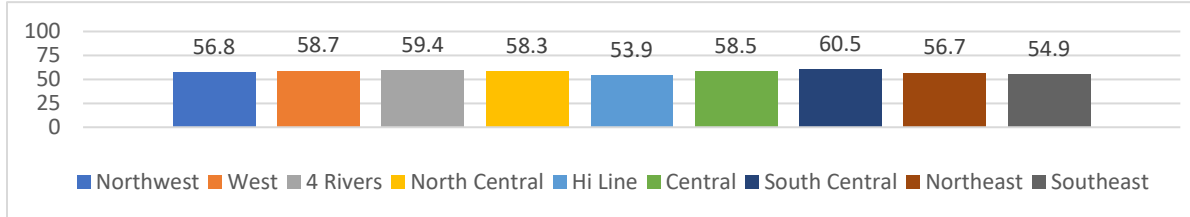


Drank alcohol or used drugs before last sexual intercourse

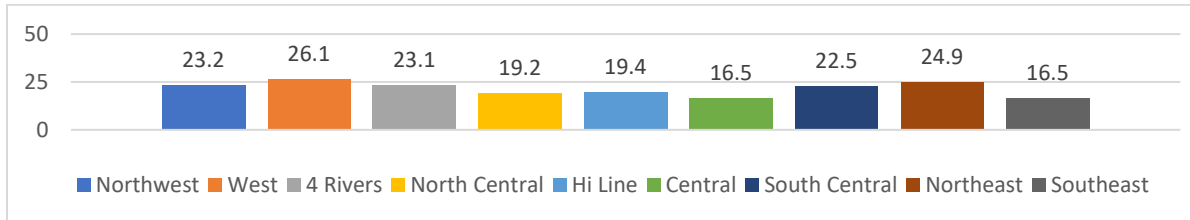




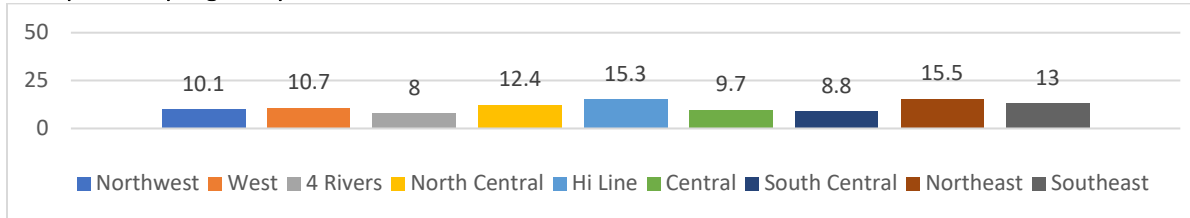
Used a condom during last sexual intercourse



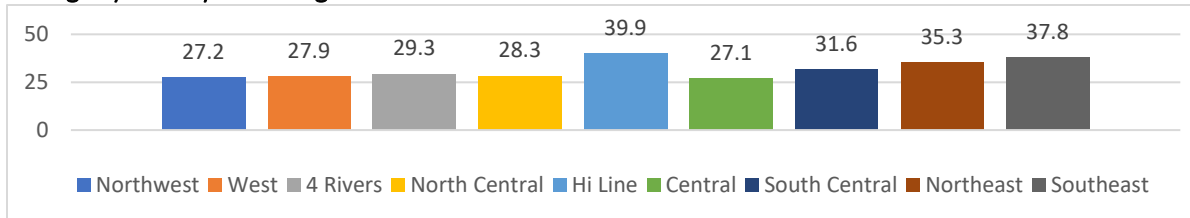
Used birth control pills before last sexual intercourse



Did not use any method to prevent pregnancy at last sexual intercourse

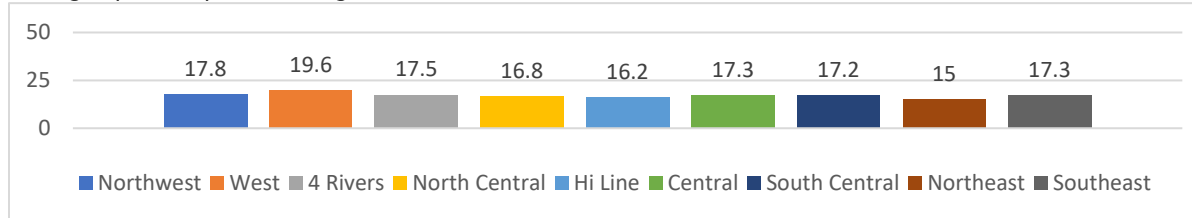


Described themselves as slightly or very overweight

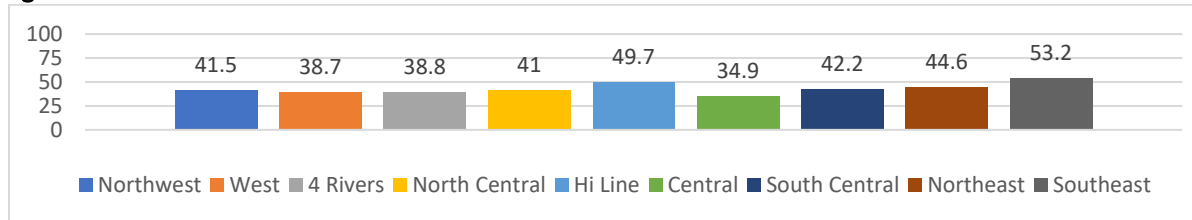




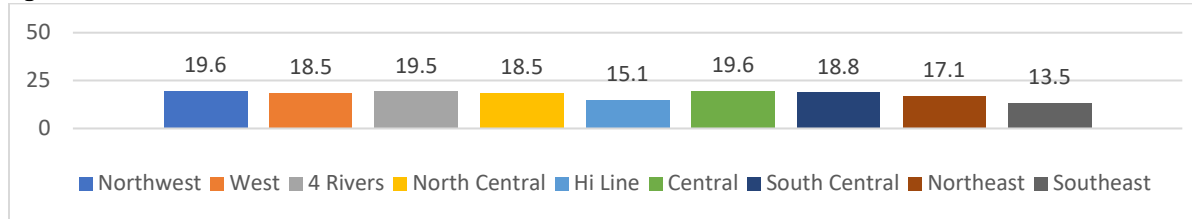
Described themselves as slightly or very underweight



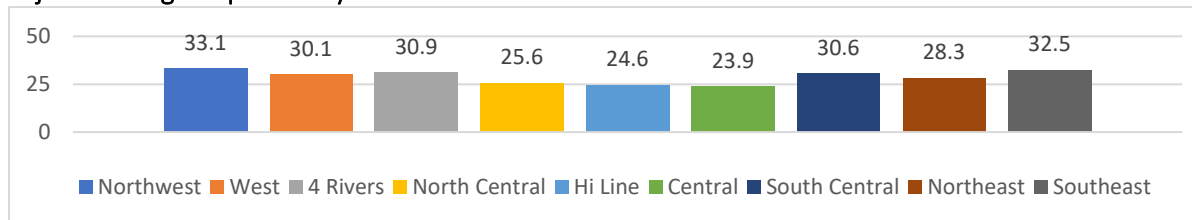
Were trying to lose weight



Were trying to gain weight

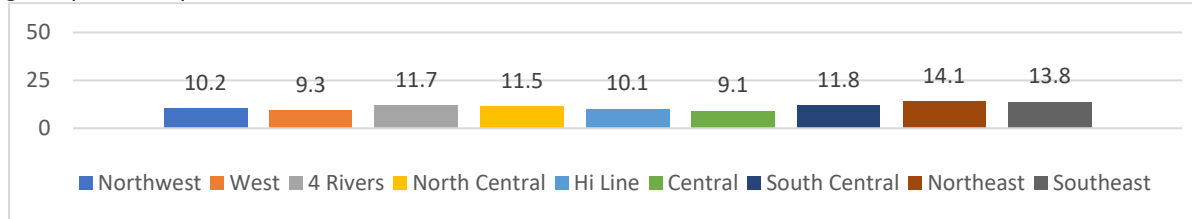


Did not drink 100% fruit juice during the past 7 days

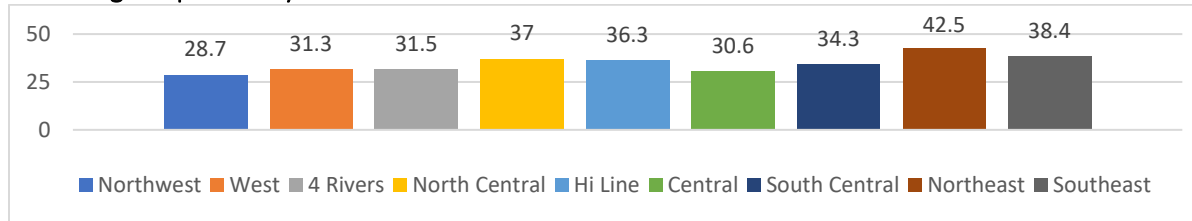




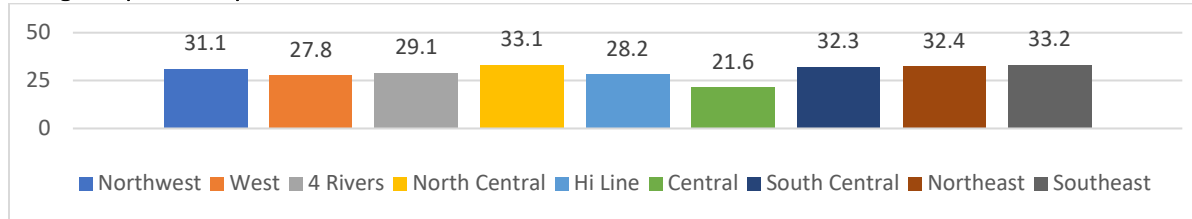
Did not eat fruit during the past 7 days



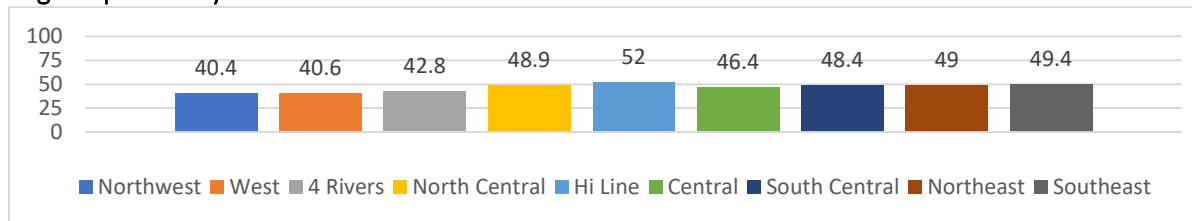
Did not eat a green salad during the past 7 days



Did not eat potatoes during the past 7 days

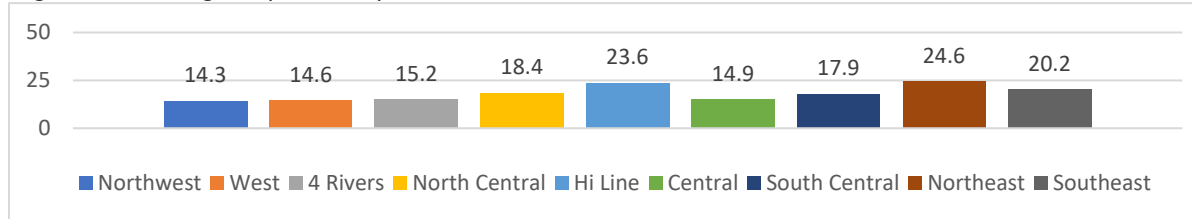


Did not eat carrots during the past 7 days

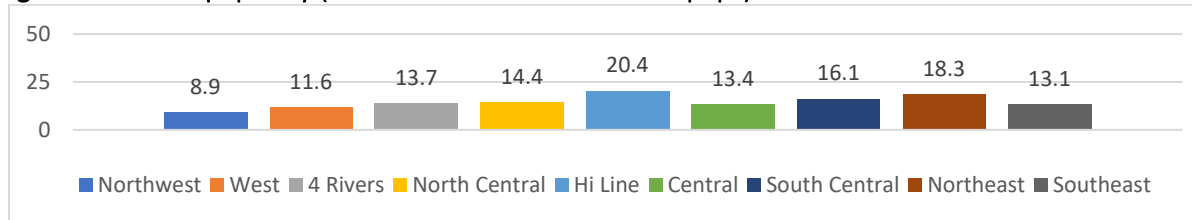




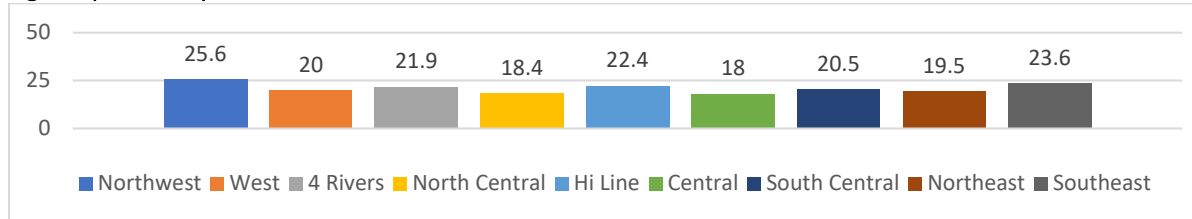
Did not eat any other vegetables during the past 7 days



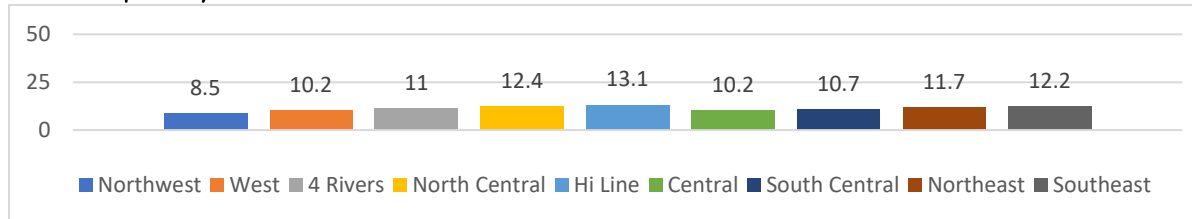
Drank a can, bottle, or glass of soda or pop daily (do not count diet soda or diet pops)



Did not drink milk during the past 7 days

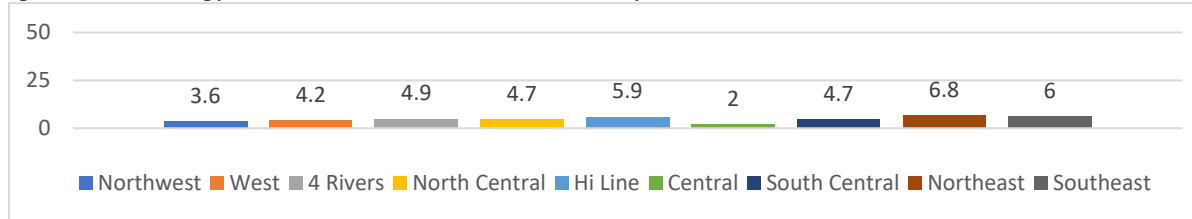


Drank 3 or more glasses of milk per day

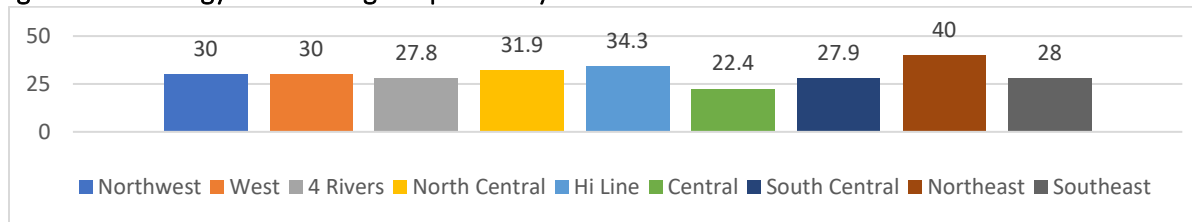




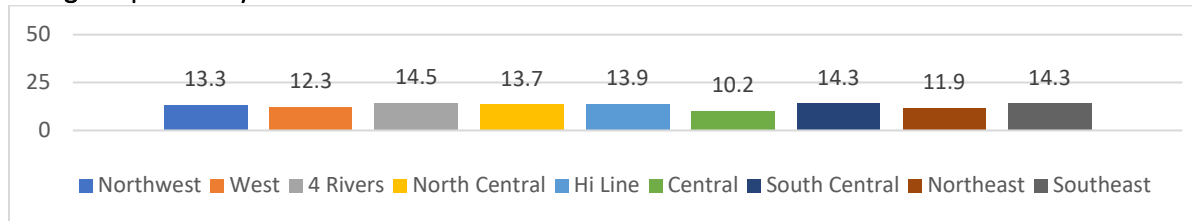
Drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt, daily



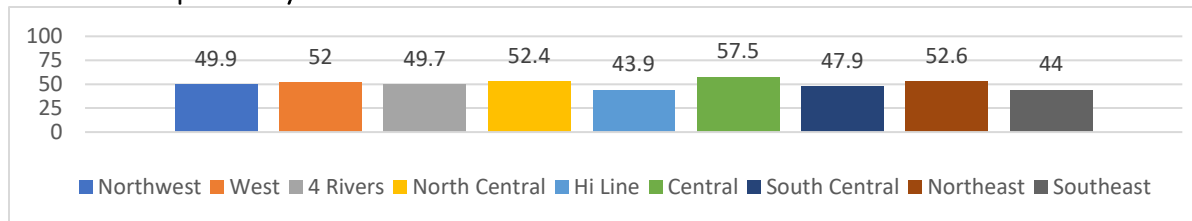
Drank a can, bottle, or glass of an energy drink during the past 7 days



Did not eat breakfast during the past 7 days

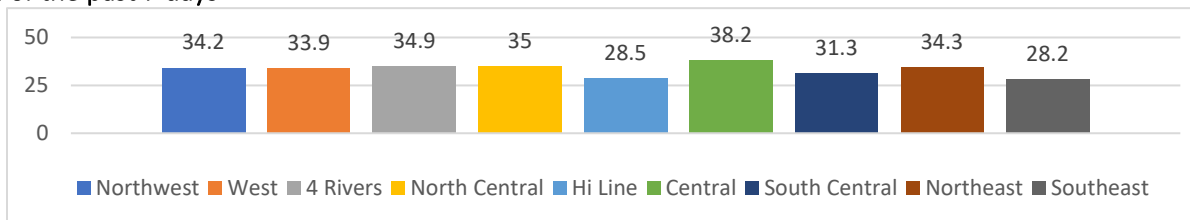


Ate breakfast on five or more of the past 7 days

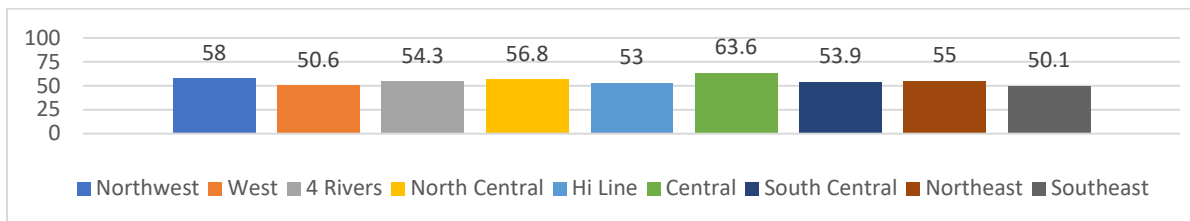




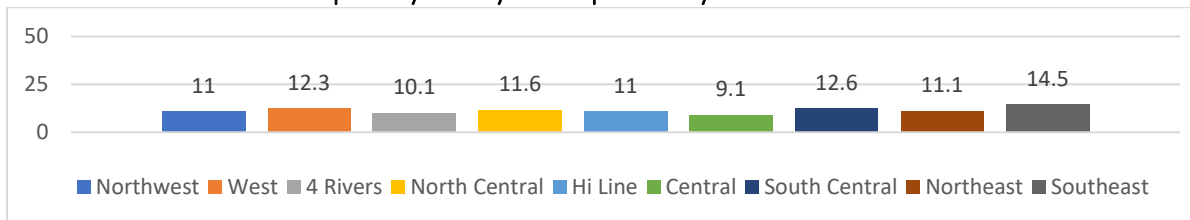
Ate breakfast on each of the past 7 days



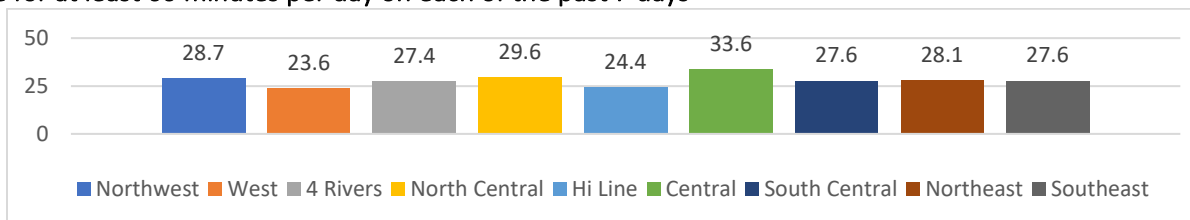
Were physically active for at least 60 minutes per day on five or more of the past 7 days (physical activity that increased heart rate and made you breathe hard)



Were not physically active for at least 60 minutes per day on any of the past 7 days

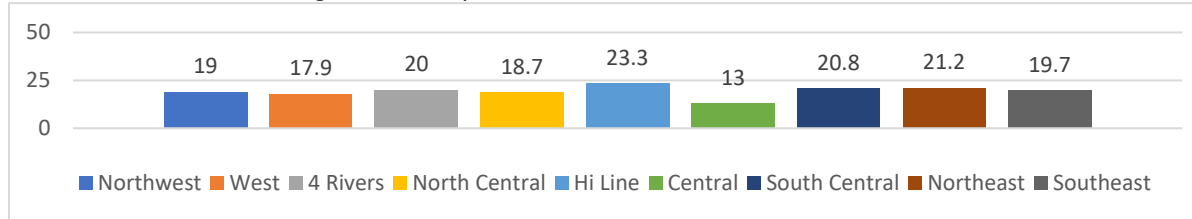


Were physically active for at least 60 minutes per day on each of the past 7 days

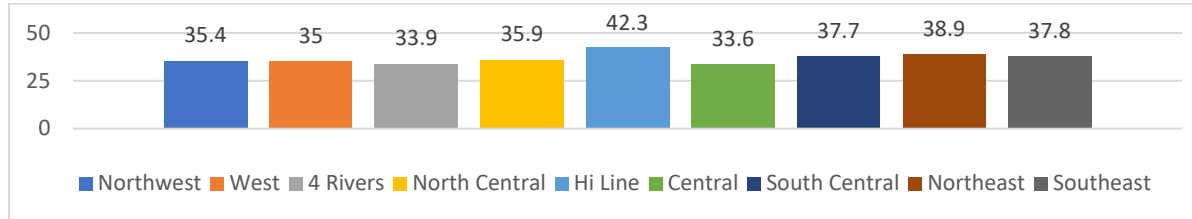




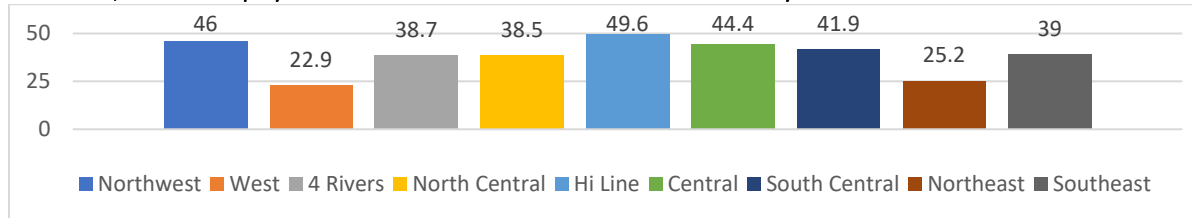
Watched three or more hours of TV on an average school day



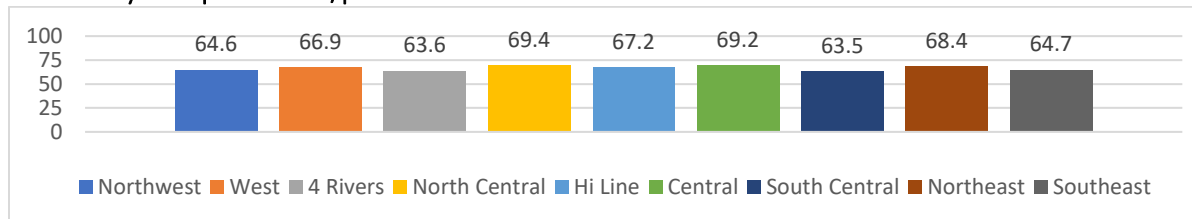
On an average school day, spent 3 or more hours per day playing video or computer games or using a computer for something that is not schoolwork



During an average school week, attended physical education classes on each of the 5 days

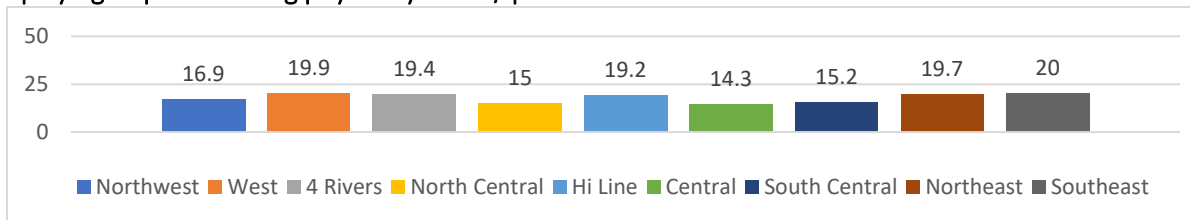


Played on a school or community-led sports team/past 12 months

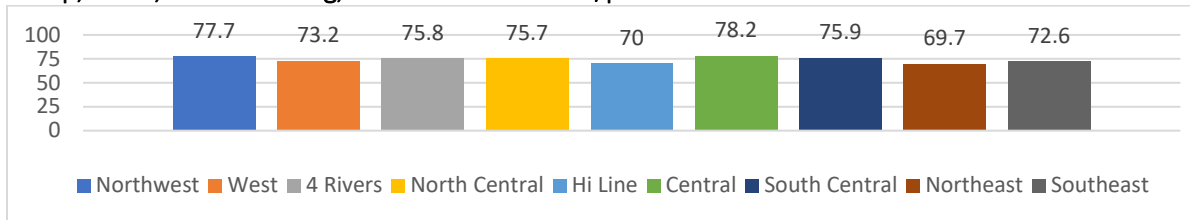




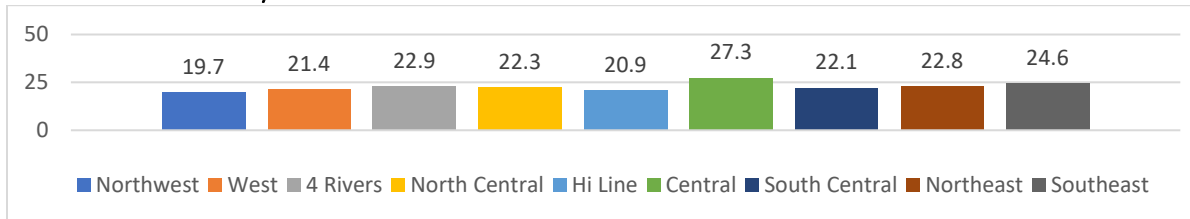
Had a concussion from playing a sport or being physically active/ past 12 months



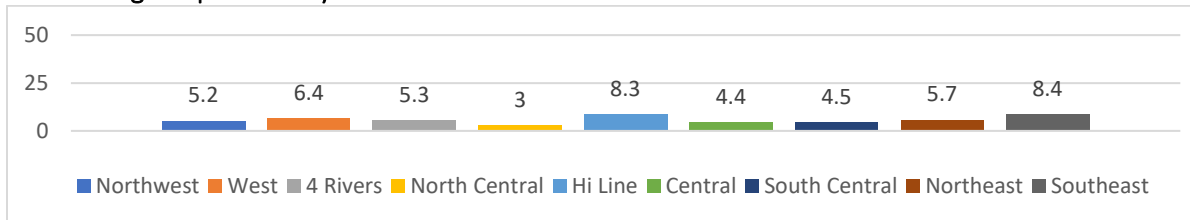
Saw a dentist for a check-up, exam, teeth cleaning, or other dental work/past 12 months



Had been told by a doctor or nurse that they have asthma

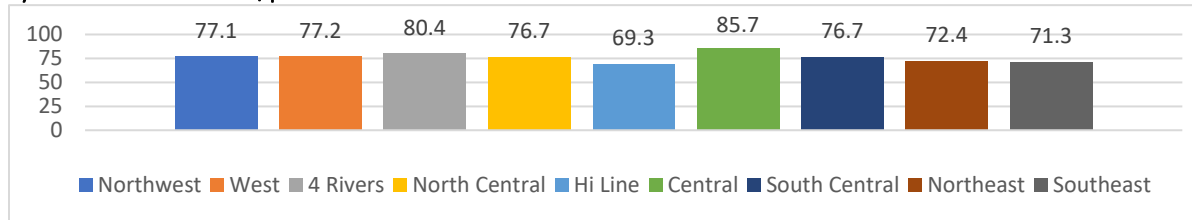


Experienced homelessness during the past 30 days

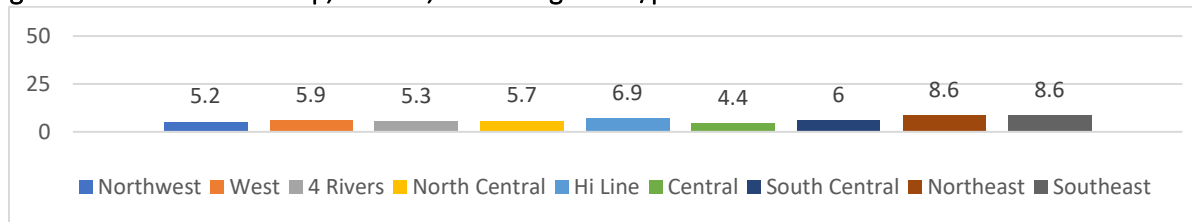




Earned grades of mostly A's or B's in school/past 12 months



Used an indoor tanning device such as a sunlamp, sunbed, or tanning booth/past 12 months



Received help from a resource teacher, speech therapist or other special education teacher at school/past 12 months

